

Foreign savings income taxable on the remittance basis and foreign income from overseas pensions or social security benefits or from land and property abroad

Fill in columns A to E, and tick the box in column E to claim tax credit relief.

Country A		Amount before tax B	UK tax C	Foreign tax D	Amount chargeable E
	tick box if income is unremittable ▼				tick box to claim tax credit relief ▼
■ Dividends, interest and other savings income taxable on the remittance basis - see Notes, page FN2		£	£	£	£
		£	£	£	£
		£	£	£	£
		£	£	£	£
		£	£	£	£
■ Pensions - see Notes, page FN5		£	£	£	£
		£	£	£	£
		£	£	£	£
		£	£	£	£
		£	£	£	£
■ Social security benefits - see Notes, page FN6		£	£	£	£
		£	£	£	£
		£	£	£	£
		£	£	£	£
■ Income from land and property - see Notes, page FN6		£	£	£	£
		£	£	£	£
		£	£	£	£
IMPORTANT first fill in a copy of Page F4 for each property		£	£	£	£
		£	£	£	£
		£	£	£	£
		£	£	£	£

total of column C
6.3 £

total of column E
6.4 £

● Disposals of offshore funds, income from non-resident trusts and income received by trusts or companies abroad 6.5 £

● Gains on foreign life insurance policies etc. Number of years: 6.6 Notional Income Tax: 6.7 £ Gains: 6.8 £

Additional information

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Tax credit relief for foreign tax paid on employment, self-employment and other income

See Notes, page FN11

<small>Enter in this column the Page number in your Tax Return from which information is taken. Do this for each item for which you are claiming tax credit relief</small> A	Country	Foreign tax D	Amount chargeable E	<small>tick box to claim tax credit relief</small> ▼
		£	£	
		£	£	
		£	£	
		£	£	
		£	£	
		£	£	
		£	£	
		£	£	
		£	£	
		£	£	
		£	£	
		£	£	
		£	£	
		£	£	
		£	£	

● If you are calculating your tax, enter the total tax credit relief on your income in box 6.9 6.9 £

Tax credit relief for foreign tax paid on chargeable gains reported on your Capital Gains Pages

See Notes, page FN12

Amount of gain under UK rules	Period over which UK gain accrued	Amount of gain under foreign tax rules	Period over which foreign gain accrued	Foreign tax paid D	<small>tick box to claim tax credit relief</small> ▼
£	days	£	days	£	
£	days	£	days	£	
£	days	£	days	£	
£	days	£	days	£	
£	days	£	days	£	
£	days	£	days	£	
£	days	£	days	£	
£	days	£	days	£	
£	days	£	days	£	
£	days	£	days	£	
£	days	£	days	£	

● If you are calculating your tax, enter the total tax credit relief on your gains in box 6.10 6.10 £

Additional information

*Now fill in any other supplementary Pages that apply to you.
Otherwise, go back to page 2 in your Tax Return and finish filling it in.*

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